

# Parashot, indeling volgens de Driejarige Torah Cyclus



Parashah		Torah	Psalm	Koning	Profeet	Evangelie	Brief	Datum
Bereshiet	001	Genesis 1:1-2:3	Psalm 1	1 Kron. 1	Jes. 65:17-25	Luc. 21:37-22:6	Openb. 21:1-8	06 apr
Hasjamajiem	002	Genesis 2:4-3:8	Psalm 2	1 Kon. 4:7-34	Jes. 66:12-24	Luc. 22:7-13	Openb. 21:9-22:5	13 apr
Ajeka	003	Genesis 3:9-24	Psalm 3	2 Sam. 15	Eze. 15	Luc. 22:14-54		
WaHaAdam	004	Genesis 4:1-16				Luc. 22:55-23:47		
Wajéda	005	Genesis 4:17-26				Luc. 23:48-56		
Sefer	006	Genesis 5:1-6:8	Psalm 4		Jer. 38:1-16	Luc. 24:1-35		20 apr
Noach	007	Genesis 6:9-8:14	Psalm 5				1 Pet. 3:8-22	27 apr
Tsee	008	Genesis 8:15-9:17	Psalm 6	2 Sam. 1:17-2:7	Jes. 42:5-25	Mk. 1	2 Pet. 3	04 mei
B'nee Noach	009	Genesis 9:18-10:32	Psalm 7	Ri. 3:7-31	Jes. 29:18-30:17	Mk. 2:1-17	1 Pet. 4	11 mei
Safa	010	Genesis 11	Psalm 8	Ri. 4	Eze. 5	Mk. 2:18-28	1 Pet. 5	18 mei
Lech lecha	011	Genesis 12	Psalm 9	Ri. 6:1-24	Eze. 2	Lk. 24:36-53	Hebr. 11:8-22	25 mei
Hanègèvah	012	Genesis 13	Psalm 10	Ri. 6:25-32	Eze. 3:1-15	Mk. 3:1-19	Rom. 4	01 juni
Amrafel	013	Genesis 14	Psalm 11	Ri. 6:33-7:7	Joël 2:1-11	Mk. 3:20-35		08 juni
Al-tiera	014	Genesis 15	Ex. 24	Nm. 19		Mk. 4:1-20	Handelingen 2:1-21	09 juni
Sarai	015	Genesis 16	Psalm 12	2 Kon. 20	Jer. 34:8-22	Mk. 4:21-25	Gal. 5	15 juni
Wajera	016	Genesis 17	Psalm 13	2 Kon. 22	Jer. 33:19-34:7	Mk. 4:26-34	Gal. 6	22 juni
B'elonei	017	Genesis 18	Psalm 14	2 Kon. 23:31-24:20	Eze. 9	Mk. 4:35-5:8	2 Thes. 1	29 juni
S'domah	018	Genesis 19	Psalm 15	2 Kon. 25	Eze. 10	Mk. 5:9-20	Judas	06 juli
Wajiesa	019	Genesis 20:1-21:34	Psalm 16	2 Sam. 12	Jes. 64	Mk. 5:21-43	Gal. 4	13 juli
Niesah	020	Genesis 22	Psalm 17	2 Kon. 4:8-37	Jes. 7	Mk. 6:1-13	Jak. 1	20 juli
Chaje Sarah	021	Genesis 23	Psalm 18	1 Kron. 16	Jer. 32:1-15	Mk. 6:14-29	Rom. 7:25-8:17	27 juli
Zakeen	022	Genesis 24	Psalm 19	2 Kon. 11	Jes. 51:12-52:2	Joh. 4:1-30	2 Johannes 2	06 aug

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Wajoseef	023	Genesis 25:1-18	Psalm 20	1 Kon. 2:1-12	Jes. 12:1-14:2	Joh. 11:1-25	Rom. 6:1-13	03 aug
Jitschak	024	Genesis 25:19-34	Psalm 21	2 Sam. 14:1-17	Jes. 61:4-62:5	Joh. 11:26-45	1 Tim. 2	10 aug
Ra'av	025	Genesis 26		2 Sam. 14:18-33	Jes. 6:9-7:9	Joh. 11:46-57	Rom. 6:14-23	17 aug
Enai	026	Genesis 27:1-27	Psalm 22:1-22	1 Kon. 11:26-43	Mal. 1:1-9	Joh. 12:1-19	Rom. 7:4-24	24 aug
Mital	027	Genesis 27:28-28:9	Psalm 22:23-32	2 Sam. 15:23-16:14	Hos. 14:6-Jl. 1:9	Joh. 12:20-33	1 Kor. 4:1-20	31 aug
Mibeër sjeva	028	Genesis 28:10-29:30	Psalm 23	2 Sam. 16:15-17:14	Jes. 46:3-47:4	Joh. 12:34-50	2 Kor. 4	07 sept
Lea	029	Genesis 29:31-30:21	Psalm 24	2 Sam. 17:15-18:4a	Eze. 36:1-24	Joh. 13:1-30	Ha. 13:47-14:18	14 sept
Rachel	030	Genesis 30:22-31:2	Psalm 25	2 Sam. 18:4b-28	Jes. 60:15-61:3	Joh. 13:31-14:4	Ha. 14:19-28	21 sept
Sjoev	031	Genesis 31:3-21		2 Sam. 19:9-23	Jona 1&2	Joh. 14:5-20	Ha. 15:1-17	28 sept
L'Lavan	032	Genesis 31:22-32:3	Psalm 26	2 Sam. 18:29-19:8	Jer. 30:10-22	Joh. 3:22-36	Ha. 15:18-34	05 okt
Wajiesjelach	033	Genesis 32:4-23	Psalm 27	2 Sam. 19:31-43	Obadja (geheel)	Joh. 6:70-7:9	Ha. 20:16-38	12 okt
Wajiewateer	034	Genesis 32:24-32		2 Sam. 20	Jona 3&4	Joh. 6:44-69	Ha. 21:15-26	
Wajaar	035	Genesis 33:1-17		2 Sam. 19:24-30	Nahum (geheel)	Joh. 7:10-36	Ha. 21:1-14	
Sjaleem	036	Genesis 33:18-34:31	Psalm 28	Richt. 9:22-57		Joh. 8:1-20	Ha. 21:27-40	19 okt
Koem	037	Genesis 35:1-15		2 Sam. 21:1-14		Joh. 7:37-53	Ha. 22:1-17	26 okt
Mibeth-El	038	Genesis 35:16-37:1	Psalm 29	2 Sam. 21:15-21	Jes. 19:19-21:10	Joh. 9:21-47	Ha. 22:18-29	26 okt
Toldot Jakov	039	Genesis 37:2-36	Psalm 30	2 Kron. 12	Jes. 32	Joh. 8:48-59	Ha. 22:30-23:22	02 nov
Yehoedah	040	Genesis 38	Psalm 31	2 Kron. 13	Jes. 37:31-38:6	Joh. 9:1-23	Rom. 2:17-29	09 nov
W'Yoseef	041	Genesis 39	Psalm 32	2 Kron. 14	Jes. 52:3-53:3	Joh. 9:24-41	Hebr. 12:18-29	16 nov
Chatiejoe	042	Genesis 40	Psalm 33:1-12	Richt. 18	Zefanja 1:17-2:11	Joh. 10:1-21	Ha. 24	23 nov
Mikeetz	043	Genesis 41:1-37	Psalm 33:13-22	2 Kron. 15	Jes. 29:1-17	Joh. 10:22-42	Ha. 25	30 nov
Haniemtza	044	Genesis 41:38-42:17	Psalm 34	2 Kron. 16	Jes. 11	Markus 6:30-44	Ha. 26	07 dec
Bayom HaShlieshie	045	Genesis 42:18-43:13	Psalm 35	2 Kron. 17	Jes. 50:10-51:11	Markus 6:45-56	Ha. 27:1-26	14 dec
Jieten	046	Genesis 43:14-44:17	Psalm 36	2 Kron. 18:1-27	Zach. 9:9-10:5	Markus 7:1-23	Ha. 27:27-28:4	21 dec
Wajiegasj	047	Genesis 44:18-46:27	Psalm 37	2 Kron. 18:28-19:1	Eze. 37:15-28	Markus 7:24-8:9	Ha. 28:5-31	28 dec
W'etJehoedah	048	Genesis 46:28-47:31	Psalm 38	2 Kron. 19:2-11	Zach. 10:6-11:7	Markus 8:10-26	1 Thes. 1	04 jan

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Acharee dewariem	049	Genesis 48	Psalm 39	2 Kon. 13:14-25	Eze. 37:1-14	Markus 8:27-9:1	1 Thes. 2:1-14	11 jan
Hee'asfoe	050	Genesis 49:1-26	Psalm 40	2 Kron. 20:1-30	Micha 2:12-4:7	Markus 9:2-13	1 Thes. 5:12-28	18 jan
Benjamin	051	Genesis 49:27-50:26	Psalm 41	2 Kron. 20:31-37	Zach. 14:1-11	Markus 9:14-37	1 Thes. 2:14-3:10	25 jan
Sjemot	052	Exodus 1	Psalm 42	Richteren 8	Jes. 27:6-13	Markus 9:38-50	2 Kor. 5:1-10	01 febr
Watitp'nehu	053	Exodus 2	Psalm 43	Richteren 10	Eze. 34:1-19	Markus 10:1-16	1 Thes. 3:11-4:12	08 febr
Ro'ee	054	Exodus 3	Psalm 44	Richteren 11:1-12	Eze. 34:20-31	Markus 10:17-31	Ha. 9:1-19	15 febr
El-Jether	055	Exodus 4:18	Psalm 45	Richteren 11:13-28	Eze. 3:16-27	Markus 10:32-52	Gal. 2:1-14	22 febr
Ani YHWH	056	Exodus 6	Psalm 46	1 Sam. 16:14-23	Eze. 28:25-29:21	Markus 11:1-11	Gal. 2:15-21	29 febr
Mofeet	057	Exodus 7:8	Psalm 47	1 Sam. 17:1-33	Eze. 30:1-19	Markus 11:12-33	1 Thes. 4:13-5:11	07 maart
N'teeh	058	Exodus 8:16-9:35	Psalm 48	1 Sam. 17:34-58	Eze. 27	Markus 12:1-34	2 Thes. 2:1-12	14 maart
Bo	059	Exodus 10	Psalm 49	1 Sam. 5:1-6:7	Jes. 26:11-27:5	Markus 12:35-44	2 Tim. 3:1-13	21 maart
Nèga	060	Exodus 11	Psalm 50	1 Sam. 18:1-6	Jer. 46:13-28	Markus 13:1-23	2 Tim. 3:14-4:5	28 maart
Waiyomer	061	Exodus 12	Psalm 51	2 Koningen 23:1-30	Jes. 53	Markus 11:27-12:34	1 Cor. 5 en 10	4 april
Mien HaAdam	061	Exodus 12:7-28	Psalm 51	1 Sam. 18:28-19:10	Jes. 21:11-22:14	Markus 13:24-14:2	2 Tim. 4:6-18	4 april
Halailah	062	Exodus 12:29-13:22	Hooglied 2	1 Sam. 19:11-20:1	Jes. 45:15-16:2	Markus 14:32-72	Hebreeën 11:23-28	9 april
Wajasjoevoe	063	Exodus 14:1-12	Psalm 52	1 Sam. 20:2-13	Jes. 47:5-15	Markus 15	Hebreeën 13:1-13	11 april
Al Tiera'oe	064	Exodus 14:13-31	Hooglied 3	1 Sam. 20:14-23	Jes. 44	Markus 16:1-8	Hebreeën 13:14-25	12 april
Asierah	065	Exodus 15:1-21	Hooglied 4	1 Sam. 20:24-43	Eze. 32	Markus 16:9-20	Romeinen 13:8-14	13 april
vai-yas-Sa'	066	Exodus 15:22-16:27	Psalm 53	1 Sam. 21	Jes. 63:7-19	Mattheus 1	1 Corinthe 10:1-1	18 april
'ad-'a-nah	067	Exodus 16:28-17:16	Psalm 54 Hooglied 5	1 Sam. 22:1-23:2	Jes. 58:13-59:20	Mattheus 2:1-18	2 Corinthe 12:7-21	25 april
yit-Ro	068	Exodus 18:1-19:5	Psalm 55	Richteren 17	Jes. 43:22-28	Mattheus 2:19-23	Romeinen 1:1-23	2 mei
tieh-yu li	069	Exodus 19:6-20:26	Psalm 56	1 Samuël 23:3-13	Ezechiël 1	Mattheüs 3:1-12	Romeinen 8:18-39	9 mei
ham·mish·pa·Tim	070	Exodus 19:6-20:26	Psalm 57 Hooglied 6	1 Samuël 1:1-10	Jes. 48:20-49:13	Mattheüs 3:13-4:17	Romeinen 3:1-8	16 mei

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we·cha·Rah	071	Exodus 22:24-23:19	Psalm 58 Hooglied 7	1 Samuël 7:2-17	Jes. 1:26-2:5	Mattheüs 4:18-5:12	Romeinen 3:9-20	23 mei
sho·Le·ach	072	Exodus 23:20-33	Psalm 59 Hooglied 8	1 Samuël 10	Jer. 33:1-18	Mattheüs 5:13-20	Romeinen 3:21-31	30 mei
'a·Leh	073	Exodus 24	Psalm 60, Ruth	1 Samuël 23:14-28	Jes. 26:1-10	Mattheüs 5:21-48	Han. 2:1-21	31 mei
te·ru·Mah	074	Exodus 25	Psalm 61	1 Kron. 28:11-29:9	Ezechiël 20:40-49	Mattheüs 6:1-18	Romeinen 4:1-12	6 juni
HaMisjkan	075	Exodus 26:1-30	Psalm 62	1 Kon. 5	Jes. 66:1-11	Mattheüs 6:19-34	Hebr. 7:11-28	13 juni
Parochet	076	Exodus 26:31-27:19	Psalm 63	1 Kon. 6:1-14	Ezechiël 16:10-63	Mattheüs 7:1-14	Hebr. 9:1-10	20 juni
Sjemen zajiet	077	Exodus 27:20-28:43	Psalm 64	1 Kon. 7:1-26	Hosea 14:7- Joël 1:14	Mattheüs 7:15-29	Hebr. 9:11-17	22 juni
L'kadeesj	078	Exodus 29	Psalm 65	1 Kon. 9	Eze. 43:26-44:9	Mattheüs 8:1-22	Hebr. 9:18-28	4 juli
Mizbeach	079	Exodus 30	Psalm 66	1 Kon. 7:27-51	Maleachi 1:10-2:7	Mattheüs 8:23-9:8	Hebr. 5:10-6:6	11 juli
Kara'atie	080	Exodus 31:1-32:14	Psalm 67	1 Kon. 1:38-53	Jes. 43:1-21	Mattheüs 9:9-34	Hebr. 10:19-31	18 juli
Wajered	081	Exodus 32:15-33:23	Psalm 68:1-11	2 Sam 22:10-51	Habakuk 2	Mattheüs 9:35-10:15	2 Corinthe 11:25-12:6	25 juli
P'sal	082	Exodus 34:1-26	Psalm 68:12-24	1 Kon. 8:9-21	Jer. 30:1-9	Mattheüs 10:16-42	Hebr. 10:1-18	1 aug
K'tav	083	Exodus 34:27-35:29	Psalm 68:25-36	2 Sam. 24:15-25	Jer. 31:31-40	Joh. 1:1-13	Hebr. 4:14-5:9	8 aug
B'Zaleël	084	Exodus 35:30-36:38	Psalm 69	Richteren 9:1-21	Jer. 1	Joh. 1:14-34	Titus 1:1-2:1	15 aug
Atsee Sjietiem	085	Exodus 37:1-38:20	Psalm 70	1 Kon. 3:1-15	Jer. 41:19-42:4	Joh. 2	Hebr. 4:1-13	22 aug
P'koedee	086	Exodus 38:21-39:32	Psalm 71	1 Kon. 3:16-4:6	Jer. 31:1-14	Joh. 3:1-12	Hebr. 2	29 aug
Ha-Ohel	087	Exodus 39:33-40:38	Psalm 72	1 Kon. 6:15-38	Jes. 33:20-34:8	Joh. 3:13-21	Hebr. 3	5 sept
Wajiekra	088	Leviticus 1	Jona 1	1 Kon. 2:13-46	Micha 6:9-7:8	Joh. 3:22-36	2 Corinthe 4	12 sept
Mincha	089	Leviticus 2-3	Psalm 73	1 Kon. 8:62-9:5	Maleachi 3:3-12	Joh. 4:31-45	Romeinen 15:14-33	19 sept
Ki-techata	090	Leviticus 4:1-6:7	Psalm 74	-	Ezechiël 18	-	1 Timoteüs 6:11-21	19 sept
Tora ha-olah	091	Leviticus 6:8-7:38		-	-	-	-	
Kach	092	Leviticus 8	Psalm 75	-	-	-	-	26 sept
Kara	093	Leviticus 9:1-10:7	Psalm 76	-	Jona 3-4	-	-	28 sept
Jajien	094	Leviticus 10:8-20	Psalm 77	1 Sam. 6:8-7:1	Prediker 1-6	Johannes 5:24-6:3	-	3 okt

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Zoot HaChaiYah	095	Leviticus 11		2 Sam. 6:1-15	Micha 4:8-5:3	-	-	10 okt
Ieshah	096	Leviticus 12	Psalm 78	2 Sam. 6:16-23		-	Romeinen 8:18-39	10 okt
S'eet	097	Lev. 13:1-28	Psalm 78:32-41		Habakuk 1	Joh. 18:1-27	Fil. 1:1-18	17 okt
Wéiesj	098	Lev. 13:29-59	Psalm 78:42-51	2 Kron. 26				24 okt
Tora	099	Lev. 14:1-32	Psalm 78:52-72	2 Kon. 5	Jes. 58:1-12	Joh. 6:4-21	2 Kor. 4	31 okt
K'na'an	100	Lev. 14:33-57	Psalm 79	1 Kon. 2:13-46	Hosea 6	Joh. 18:28-40	Fil. 3:1-14	4 nov
Zav	101	Lev. 15:1-24	Psalm 80	2 Sam. 3:6-39	Jer. 11:1-16	Joh. 19	Fil. 3:15-4:7	7 nov
Ki-Jazoev	102	Lev. 15:25-16:34	Psalm 81	2 Sam. 4:1-5:5	Jes. 3:16-4:6	Mt. 11:1-12:8	Fil. 4:8-23	14 nov
Jiesjchat	103	Lev. 17	Psalm 82	1 Sam. 14:32-46	Eze. 40:32-49	Mt. 12:9-50	2 Kor. 6:1-7:1	21 nov
Elohéchem	104	Lev. 18	Psalm 83	2 Sam. 11	Jes. 40:18-31	Mt. 13:1-52	Efeze 5	28 nov
Kedosjiem	105	Lev. 19:1-22	Psalm 84	Jozua 12	Jes. 5:1-24	Mt. 13:53-14:36	Efeze 6	5 dec
Oenetatem	106	Lev. 19:23-20:27	Psalm 85	2 Sam. 13	Eze. 17	Mt. 15:1-28	1 Kor. 11:2-34	12 dec

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